

Bronchiectasis Patient Conference - Saturday 27 February 2021
10:00-16:00 Central European Time (CET)

Register at <https://bronchiectasis-patient-conference.eventbrite.co.uk>

Programme outline*

- 10:00 **Welcome from our co-hosts:**
*Kjeld Hansen (ELF Chair) and,
Bridget Harris (ELF Bronchiectasis Patient Advisory Group member)*
- 10:15 **Session 1: Basics of bronchiectasis:**
Co-chairs: Arietta Spinou and Tove Berg
- **An overview of bronchiectasis**
Dr Pieter Goeminne, Belgium
 - **Infections in bronchiectasis: what we know and what we are learning**
Dr Michal Shteinberg, Israel
 - **Q&A session**
- 11:15 **Break**
- 11:30 **Session 2: Treatment and self-management of bronchiectasis**
Co-chairs: Barbara Crossley and Pieter Goeminne
- **Symptoms and treatment in Bronchiectasis – Fighting the vicious circle**
Dr Josje Altenburg, Netherlands
 - **Why cough is not enough to clear my chest? & Why exercise when I feel exhausted?**
Dr Arietta Spinou, United Kingdom
 - **Patient experiences of treatment and self-management**
Ms Marta Almagro, Spain and including a video of Ben Goldscheider
 - **Mind-body approaches for breathlessness and fatigue**
Dr Anna Spathis, United Kingdom
 - **Q&A session**

- 13:00 **Break**
- 13:45 **Session 3: Latest bronchiectasis research**
Co-chairs: Felix Ringshausen and Alan Timothy
- **Why I have bronchiectasis – how far should we go in evaluating possible causes of bronchiectasis?**
Professor Stefano Aliberti, Italy
 - **Putting the fire out – can we treat inflammation in bronchiectasis?**
Professor James Chalmers, United Kingdom
 - **Q&A session**
- 14:35 **Session 4: Care for people with bronchiectasis during COVID-19**
Co-chairs: James Chalmers and Thomas Ruddy
- **COVID-19 prevention and symptoms**
Dr Andrea Gramegna, Italy
 - **Living with bronchiectasis during the pandemic**
Patient speaker – tbc
 - **Delivering bronchiectasis care during the pandemic**
Dr Felix Ringshausen, Germany
 - **Q&A session**
- 15:45 **Closing comments (Event Co-hosts)**
Including video from ELF Bronchiectasis Patient Advisory Group
- 16:00 **End**

** Some of the timings may alter slightly*