

## **Bronchiectasis Patient Conference - Sunday 27 March 2022**

### **10:00 – 16:00 CET / 9:00 – 15:00 GMT**

#### **CET timings**

10:00 **Welcome and housekeeping**

#### **Session 1: Basics of bronchiectasis:**

10:15 Introductions  
10:20 An overview of bronchiectasis: *Dr Amelia Shoemark, United Kingdom*  
10:35 The role of viral infections in bronchiectasis: *Prof Lucy Morgan, Australia*  
10:55 Overview of treatments for bronchiectasis - *Professor Stefano Aliberti, Italy*  
11:10 Q&A  
11:30 Break

#### **Session 2: Self-management of bronchiectasis**

11:45 Introductions  
11:50 Patient video: My daily treatments & antibiotic resistance: *Barbara Crossley, UK*  
12:00 How do I manage my airway clearance?: *Dr Arietta Spinou, UK*  
12:15 Patient video: Diet and nutrition: things that have helped me: *Joyce Norwell, UK*  
12:20 Nutrition, diet and bugs in your gut: *Dr Pieter Goeminne and Ellen De Wit, Belgium*  
12:40 Video: Psychosocial challenges, *ELF Patient Advisory Group members*  
12:45 Mental health and living with bronchiectasis: *Dr Francesco Pagnini, Italy*  
13:00 Q&A  
13:15 Break

#### **Session 3: Diving deeper**

14:15 Introductions  
14:20 Pseudomonas in my sputum – what now?: *Dr Josje Altenburg, Netherlands*  
14:40 Antibiotic use: *Tanja Hedberg, Sweden and Connie Takawira, UK*  
14:55 Q&A

#### **Session 4: Research and new treatments**

15:10 Introductions  
15:15 New treatment in bronchiectasis: *Professor James Chalmers, UK*  
15:35 Patient: My experience of taking part in a clinical trial: *Philip Alper, Israel*  
15:40 Q&A  
15:55 Closing comments  
16:00 End