



Bronchiectasis Patient Conference - Sunday 27 March 2022

10:00 – 16:00 CET / 9:00 – 15:00 GMT

Central European Time (CET) timings

Introduction:

10:00 **Welcome and housekeeping:**
Co-hosts: Anu Kuusisto (Denmark) and Dr Michal Shteinberg (Israel)

Session 1: **Basics of bronchiectasis**

Co-chairs: Annette Posthumus (NL) and Professor Stefano Aliberti (Italy)

10:15 Introductions
10:20 An overview of bronchiectasis: *Dr Amelia Shoemark, United Kingdom*
10:35 The role of viral infections in bronchiectasis: *Clinical Professor Lucy Morgan Australia*
10:55 Overview of treatments for bronchiectasis: *Professor Stefano Aliberti, Italy*
11:10 Q&A
11:30 Break

Session 2: **Self-management of bronchiectasis**

Co-chairs: Barbara Crossley (UK) and Dr Arietta Spinou (UK)

11:45 Introductions
11:50 Patient video: My daily treatments & antibiotic resistance: *Barbara Crossley, UK*
12:00 How do I manage my airway clearance?: *Dr Arietta Spinou, UK*
12:15 Patient video: Diet and nutrition: things that have helped me: *Joyce Norwell, UK*
12:20 Nutrition, diet and bugs in your gut: *Dr Pieter Goeminne and Ellen De Wit, Belgium*
12:40 Video: Psychosocial challenges, *ELF Patient Advisory Group members*
12:45 Mental health and living with bronchiectasis: *Professor Francesco Pagnini, Italy*
13:00 Q&A
13:15 Break

Session 3: **Diving deeper**

Co-chairs: Maria Soares (Portugal) and Dr Amelia Shoemark (UK)

14:15 Introductions
14:20 Pseudomonas in my sputum – what now?: *Dr Josje Altenburg, Netherlands*
14:40 Managing exacerbations:
- Intravenous Antibiotic Treatment At Home: *Tanja Hedberg, Sweden*
- Antibiotic use: *Constance Takawira, UK*
14:55 Q&A

Session 4: **Research and new treatments**

Co-chairs: Marta Almagro (Spain) and Dr Michal Shteinberg (Israel)

15:10 Introductions
15:15 New treatment in bronchiectasis: *Professor James Chalmers, UK*
15:35 My experience of taking part in a clinical trial: *Philip Alper, Israel*
15:40 Q&A
15:55 Closing comments from co-hosts: *Anu Kuusisto and Dr Michal Shteinberg*
16:00 End