Bronchiectasis Patient Conference - Sunday 27 March 2022
10:00 – 16:00 CET / 9:00 – 15:00 GMT

Central European Time (CET) timings

Introduction:
10:00  Welcome and housekeeping:
Co-hosts: Anu Kuusisto (Denmark) and Dr Michal Shteinberg (Israel)

Session 1: Basics of bronchiectasis
Co-chairs: Annette Posthumus (NL) and Professor Stefano Aliberti (Italy)
10:15  Introductions
10:20  An overview of bronchiectasis: Dr Amelia Shoemark, United Kingdom
10:35  The role of viral infections in bronchiectasis: Clinical Professor Lucy Morgan Australia
10:55  Overview of treatments for bronchiectasis: Professor Stefano Aliberti, Italy
11:10  Q&A
11:30  Break

Session 2: Self-management of bronchiectasis
Co-chairs: Barbara Crossley (UK) and Dr Arietta Spinou (UK)
11:45  Introductions
11:50  Patient video: My daily treatments & antibiotic resistance: Barbara Crossley, UK
12:00  How do I manage my airway clearance?: Dr Arietta Spinou, UK
12:15  Patient video: Diet and nutrition: things that have helped me: Joyce Norwell, UK
12:20  Nutrition, diet and bugs in your gut: Dr Pieter Goeminne and Ellen De Wit, Belgium
12:40  Video: Psychosocial challenges, ELF Patient Advisory Group members
12:45  Mental health and living with bronchiectasis: Professor Francesco Pagnini, Italy
13:00  Q&A
13:15  Break

Session 3: Diving deeper
Co-chairs: Maria Soares (Portugal) and Dr Amelia Shoemark (UK)
14:15  Introductions
14:20  Pseudomonas in my sputum – what now?: Dr Josje Altenburg, Netherlands
14:40  Managing exacerbations:
- Intravenous Antibiotic Treatment At Home: Tanja Hedberg, Sweden
- Antibiotic use: Constance Takawira, UK
14:55  Q&A

Session 4: Research and new treatments
Co-chairs: Marta Almagro (Spain) and Dr Michal Shteinberg (Israel)
15:10  Introductions
15:15  New treatment in bronchiectasis: Professor James Chalmers, UK
15:35  My experience of taking part in a clinical trial: Philip Alper, Israel
15:40  Q&A
15:55  Closing comments from co-hosts: Anu Kuusisto and Dr Michal Shteinberg
16:00  End